



LISA FOULGER

ABOUT_

Lisa is a passionate and inspirational executive leadership and entrepreneurial growth coach with a leadership track record of embracing change, leading transformation, taking risks, developing leaders, building highly engaged teams and delivering outstanding business results.

Following her own 25 years global corporate career, with the last 11 years living and working in Central American, Lisa now coaches corporate executives and entrepreneurs across the globe embracing a growth mindset to deliver exceptional personal and professional results! Combining her global business experience with coaching expertise, Lisa helps executives design and navigate authentic leadership journeys, pursue their passions, build diverse talent pipelines, scale their businesses and careers while attaining freedom and enjoying the ride to delivering exceptional business results.

Lisa loves challenges and new experiences, travel, reading, health and wellness. She enjoys volunteering to better her community and make a positive sustaining impact in building future leaders. She feels fortunate to live with her family in beautiful Costa Rica.

CONNECT WITH LISA

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SPECIALITIES_

COACHING

- Entrepreneurial Business & Growth Coaching
- Authentic Leadership & Development Coaching
- Executive Leadership Coaching

SPECIFIC EXPERTISE

- P&L leadership + Coaching expertise across cultures
- Team Leadership- Strengths-Based Leadership, Behavioral Agility with Predictive Index
- Executive Presence, Influence & Authentic Leadership
- Winning Mindset – to drive Innovation and lead Change

EDUCATION

- BBA in Business Administration, Texas A&M – Commerce
- BS in Computer Science, Texas A&M – Commerce
- MBA, University of Phoenix

CAREER HIGHLIGHTS

- Running a \$500M global high-tech business
- Taking on an International assignment and relocating with my family to start up a nearshore operation
- Working cross-functionally (Finance, Mktg, Operations, R&D, MFG, M&A)
- Becoming an Entrepreneur after a 25yr corporate career